

Sun	Mon	Tue	Wed	Thu	Fri	Sat
April Fitness Fun for the Whole Family!						
1. 9—12 Water's Edge Church Badminton 3 - 6:00 Pickleball 6 - 9 pm	2. Get Fit 8 - 8:45 Yoga Mix w/ Jenny 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFIT 6 - 6:45 Basketball 7 - 9	3. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 NO KARATE ZUMBA 6:15 - 7:15 w/ Jenny Ballroom Dance 7:30 - 8:30	4. Get Fit 8 - 8:45 PILATES MIX 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFit 6 - 6:45	5. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 NO KARATE Gentle Yoga 6:15 - 7:15 Pickleball - Beginner Only 7:30 - 9:00 pm	6. Get Fit 8 - 8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 MOVIE NIGHT 8:00 pm <i>Puss in Boots PG</i>	7. ZUMBA 9 - 10 w/ Jenny PICKLEBALL 10:00 - 12:30 Open Gym 2:00 - 4:00
8. 9—12 Water's Edge Church Badminton 3 - 6:00 Pickleball 6 - 9 pm	9. Get Fit 8 - 8:45 Yoga Mix w/ Jenny 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFIT 6 - 6:45 Basketball 7 - 9	10. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 KARATE 5:00 - 6:00 ZUMBA 6:15 - 7:15 w/ Jenny Ballroom Dance 7:30 - 8:30	11. Get Fit 8 - 8:45 PILATES MIX 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFit 6 - 6:45	12. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Karate 4:30 - 6:00 Gentle Yoga 6:15 - 7:15 Pickleball - Beginner Only 7:30 - 9:00 pm	13. Get Fit 8 - 8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 MOVIE NIGHT 8:10 pm <i>The Greatest Showman PG</i>	14. ZUMBA 9 - 10 w/ Jenny PICKLEBALL 10:00 - 12:30 Open Gym 2:00 - 4:00 SPECIAL SHOWING MOVIE NIGHT 8:10 pm <i>Jumanji - Welcome to the Jungle PG13</i>
15. 9—12 Water's Edge Church Badminton 3 - 6:00 Pickleball 6 - 9 pm	16. Get Fit 8 - 8:45 Yoga Mix w/ Jenny 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUND Fundamentals 5:40 - 6:00 POUNDFIT 6 - 6:45	17. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 KARATE 5:00 - 6:00 ZUMBA 6:15 - 7:15 w/ Jenny Ballroom Dance 7:30 - 8:30	18. Get Fit 8 - 8:45 PILATES MIX 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFit 6 - 6:45	19. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Karate 4:30 - 6:00 Gentle Yoga 6:15 - 7:15 Pickleball - Beginner Only 7:30 - 9:00 pm	20. Get Fit 8 - 8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 MOVIE NIGHT 8:20 pm <i>Star wars I The Phantom Menace PG</i>	21. ZUMBA 9 - 10 w/ Jenny PICKLEBALL 10:00 - 12:30 Open Gym 2:00 - 4:00
22. 9—1 Water's Edge Church Badminton 3 - 6:00 Pickleball 6 - 9 pm	23. Get Fit 8 - 8:45 Yoga Mix w/ Jenny 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUND Fundamentals 5:40 - 6:00 POUNDFIT 6 - 6:45	24. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 KARATE 5:00 - 6:00 ZUMBA 6:15 - 7:15 w/ Jenny Ballroom Dance 7:30 - 8:30	25. Get Fit 8 - 8:45 PILATES MIX 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUND Fundamentals 5:40 - 6:00 POUNDFit 6 - 6:45	26. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Karate 4:30 - 6:00 Gentle Yoga 6:15 - 7:15 Pickleball - Beginner Only 7:30 - 9:00 pm	27. Get Fit 8 - 8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 MOVIE NIGHT 8:30 pm <i>Star Wars II Attack of the Clones PG</i>	28. ZUMBA 9 - 10 w/ Jenny PICKLEBALL 10:00 - 12:30 Broom Ball 2 - 4 Open Gym 2:00 - 4:00
29. 9—12 Water's Edge Church Badminton 3 - 6:00 Pickleball 6 - 9 pm	30. Get Fit 8 - 8:45 Yoga Mix w/ Jenny 9 - 10 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFIT 6 - 6:45 Basketball 7 - 9	Birch Bay Activity Center 360-656-6416 www.blainebirchbayparkandrec.org * Schedule subject to change.		Coming in May <ul style="list-style-type: none"> • Sea Skills Boat Festival - Saturday, May 12, 10 - 5 pm. Sea Skills Boat Festival, Blaine Marina • Picnic in the Playground - Saturday, May 19, 11 - 2 pm. Birch Bay Activity Center. \$3 fee for lunch. • Birch Bay Chamber of Commerce's Kite Festival - Saturday & Sunday, May 26 & 27. Birch Bay Beach Property. 		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1.	2. ZUMBA 9 - 10	3.	4. ZUMBA in the Circuit 9 - 10 Functional Strength	5. YOGA for Seniors 10:30 - 11:30	6. ZUMBA 9 - 10A Restorative Stretch 10:15 - 11:15	7. ZUMBA 9 - 10 Yoga 10:30 - 11:30
8.	9. ZUMBA 9 - 10	10.	11. ZUMBA in the Circuit 9 - 10 Functional Strength	12. YOGA for Seniors 10:30 - 11:30	13. ZUMBA 9 - 10A Restorative Stretch 10:15 - 11:15	14. ZUMBA 9 - 10 Yoga 10:30 - 11:30
15.	16. ZUMBA 9 - 10	17.	18. ZUMBA in the Circuit 9 - 10 Functional Strength 10:15 - 11:15	19. Intro to Reiki 8:45 - 10:15 YOGA for Seniors 10:30 - 11:30	20. ZUMBA 9 - 10A Restorative Stretch 10:15 - 11:15	21. 9:30 - 10:30 <i>FREE ZUMBA GOLD</i> with Zumba Education Specialist Madalene Aponte Open to Public
22. 9:30 – 10:30 <i>FREE STRONG by ZUMBA</i> with Master Trainer Madalene Aponte (NOT A DANCE CLASS... INTERVAL HIIT CLASS) Open to Public	23. ZUMBA 9 - 10	24. NO class Pavilion Cleaning	25. ZUMBA in the Circuit 9 - 10 Functional Strength 10:15 - 11:15	26. Intro to Reiki 8:45 - 10:15 YOGA for Seniors 10:30 - 11:30 CPR Training	27. ZUMBA 9 - 10A Restorative Stretch 10:15 - 11:15	28. ZUMBA 9 - 10 Yoga 10:30 - 11:30
29.	30. ZUMBA 9 - 10	Classes at the Blaine Pavilion - 635 8th Street, Blaine, WA Sponsored by Blaine-Birch Bay Park and Recreation District BSC indicates class is held at the Blaine Senior/Community Center				