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May Fitness Fun for the Whole Family!

UPCOMING IN JUNE: NOTICE OF GYM FLOOR MAINTENANCE: The Gym Floor will be refinished starting June 4 and will not reopen until June 18. Some classes will be held outside during that time. See June calendar for class schedule. Weather Permitting.		1. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 KARATE 5:00 - 6:00 ZUMBA 6:15 - 7:15 Ballroom Dance 7:30 - 8:30	2. Get Fit 8 - 8:45 <i>PILATES MIX 9 - 10</i> PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFit 6 - 6:45	3. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 KARATE 4:30 - 6:00 pm Gentle Yoga: 6:15 - 7:15 Pickleball - Beginner Only 7:30 - 9:00 pm	4. Get Fit 8 - 8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 MOVIE NIGHT Sunset <i>Star Wars III Revenge of the Sith PG13</i>	5. Barre 8 - 8:45 w/ Jenny ZUMBA 9 - 10 w/ Jenny PICKLEBALL 10:00 - 12:30 Open Gym 2:00 - 4:00
6. <small>9 - 12 Water's Edge Church</small> Badminton 3 - 6:00 Pickleball 6 - 9 pm	7. Get Fit 8 - 8:45 <i>Yoga Mix w/ Jenny 9 - 10</i> PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFIT 6 - 6:45 Basketball 7 - 9	8. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 KARATE 5:00 - 6:00 ZUMBA 6:15 - 7:15 Ballroom Dance 7:30 - 8:30	9. Get Fit 8 - 8:45 <i>PILATES MIX 9 - 10</i> PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFit 6 - 6:45	10. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Karate 4:30 - 6:00 Gentle Yoga: 6:15 - 7:15 Pickleball - Beginner Only 7:30 - 9:00 pm	11. Get Fit 8 - 8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 MOVIE NIGHT Sunset <i>Star Wars IV A New Hope PG</i>	12. Barre 8 - 8:45 w/ Jenny ZUMBA 9 - 10 w/ Jenny PICKLEBALL 10:00 - 12:30 Open Gym 2:00 - 4:00 Babysitting Class 9:30—4:30 pm. The Bridge at Birch Bay, 4815 Alderson
13. <small>9 - 12 Water's Edge Church</small> Badminton 3 - 6:00 Pickleball 6 - 9 pm	14. Get Fit 8 - 8:45 <i>Yoga Mix w/ Jenny 9 - 10</i> PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFIT 6 - 6:45 Basketball 7 - 9	15. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 KARATE 5:00 - 6:00 ZUMBA 6:15 - 7:15 Ballroom Dance 7:30 - 8:30	16. Get Fit 8 - 8:45 <i>PILATES MIX 9 - 10</i> PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFit 6 - 6:45	17. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Karate 4:30 - 6:00 Gentle Yoga: 6:15 - 7:15 Pickleball - Beginner Only 7:30 - 9:00 pm	18. Get Fit 8 - 8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 MOVIE NIGHT Sunset <i>Star Wars V Empire Strikes Back PG</i>	19. Barre 8 - 8:45 w/ Jenny ZUMBA 9 - 10 w/ Jenny NO PICKLEBALL NO Open Gym PICNIC IN THE PLAYGROUND 11—2 pm SPECIAL FITNESS
20. <small>9 - 1 Water's Edge Church</small> Badminton 3 - 6:00 Pickleball 6 - 9 pm	21. Get Fit 8 - 8:45 <i>Yoga Mix w/ Jenny 9 - 10</i> PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFIT 6 - 6:45 Basketball 7 - 9	22. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 KARATE 5:00 - 6:00 ZUMBA 6:15 - 7:15 Ballroom Dance 7:30 - 8:30	23. Get Fit 8 - 8:45 <i>PILATES MIX 9 - 10</i> PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFit 6 - 6:45	24. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Karate 4:30 - 6:00 Gentle Yoga : 6:15 - 7:15 Pickleball - Beginner Only 7:30 - 9:00 pm	25. Get Fit 8 - 8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 MOVIE NIGHT Sunset <i>Star Wars VI Return of the Jedi PG</i>	26. Barre 8 - 8:45 w/ Jenny ZUMBA 9 - 10 w/ Jenny PICKLEBALL 10:00 - 12:30 NO Open Gym 2:00 - 4:00 KITE FESTIVAL and Kid's Garage Sale
27. <small>9 - 12 Water's Edge Church</small> Badminton 3 - 6:00 Pickleball 6 - 9 pm	28. GYM CLOSED HAPPY MEMORIAL DAY!	29. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 KARATE 5:00 - 6:00 ZUMBA 6:15 - 7:15	30. Get Fit 8 - 8:45 <i>PILATES MIX 9 - 10</i> PICKLEBALL 10:00 - 1:30 Afterschool Play 2:30 - 5:30 POUNDFit 6 - 6:45	31. Yoga Mix with Jenny 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Karate 4:30 - 6:00 Gentle Yoga : 6:15 - 7:15 Pickleball - Beginner Only	Coming in May <ul style="list-style-type: none"> Sea Skills Boat Festival - Saturday, May 12, 10 - 5 pm. Blaine Marina Picnic in the Playground - Saturday, May 19, 11 - 2 pm. Birch Bay Activity Center. \$3 fee for lunch. Birch Bay Chamber of Commerce's Kite Festival - Saturday & Sunday, May 26 & 27. Birch Bay 	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1.	2. ZUMBA In the Circuit 9 - 10 Functional Strength 10:15 - 11:15	3. Intro to Reiki 8:45 - 10:15 YOGA for Seniors 10:30 - 11:30	4. ZUMBA 9 - 10A Restorative Stretch 10:15 - 11:15	5. ZUMBA 9 - 10 Yoga 10:30 - 11:30
6.	7. STEP Aerobics 8—8:45 ZUMBA 9 - 10	8.	9. ZUMBA In the Circuit 9 - 10 Functional Strength 10:15 - 11:15	10. Intro to Reiki 8:45 - 10:15 YOGA for Seniors 10:30 - 11:30	11. ZUMBA 9 - 10A Restorative Stretch 10:15 - 11:15	12. ZUMBA 9 - 10 Yoga 10:30 - 11:30
13.	14. STEP Aerobics 8—8:45 ZUMBA 9 - 10	15.	16. ZUMBA In the Circuit 9 - 10 Functional Strength 10:15 - 11:15 <i>(last class til further notice)</i>	17. Intro to Reiki 8:45 - 10:15 YOGA for Seniors 10:30 - 11:30	18. ZUMBA 9 - 10A Restorative Stretch 10:15 - 11:15 <i>(last class til further notice)</i>	19. ZUMBA 9 - 10 Yoga 10:30 - 11:30
20.	21. STEP Aerobics 8—8:45 ZUMBA 9 - 10	22.	23. ZUMBA In the Circuit 9 - 10	24. YOGA for Seniors 10:30 - 11:30	25. ZUMBA 9 - 10A	26. ZUMBA 9 - 10 Yoga 10:30 - 11:30
27.	28. NO CLASSES HAPPY MEMORIAL DAY	29. NO class Pavilion Cleaning	30. ZUMBA In the Circuit 9 - 10	31. YOGA for Seniors 10:30 - 11:30	Classes at the Blaine Pavilion - 635 8th Street, Blaine, WA Sponsored by Blaine-Birch Bay Park and Recreation District	