

**Sun                      Mon                      Tue                      Wed                      Thu                      Fri                      Sat**



# March Fitness Fun for the Whole Family! for Children & Adults!



**We now accept:**



## Coming in March

Wings Over Water Birding Festival  
March 15—17, 2019

Visit [www.wingsoverwaterbirdingfestival.org](http://www.wingsoverwaterbirdingfestival.org)  
for festival details

**1.** Get Fit 8 - 8:45  
Step Fitness with Jo-Anne  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30

**2.** Barre 8:00 - 8:45 am  
ZUMBA 9 - 10 w/ Jenny  
PICKLEBALL  
10:00 - 2:00 pm

Afterschool Play 3:30 - 5:30  
Movie Night: Sunset  
Ralph Breaks the Internet  
PG

Open Gym 2:00 - 4:00

**3.**  
9 - 12  
Private Rental  
**Badminton**  
3 - 6:00

**Pickleball**  
6 - 9 3.5+

**4.** Get Fit 8 - 8:45  
**Zumba Gold w/ Jenny**  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30  
Afterschool Play  
3:30 - 5:30  
POUNDFIT 6 - 6:45  
Basketball Open Gym  
7 - 9

**5.** BARRE 8:45 - 9:30  
YOGA 9:45 - 10:45  
PICKLEBALL 11:00 - 2:00  
Qigong & Meditation  
4:00 - 4:45  
BARRE 5:30 - 6:15  
ZUMBA 6:30 - 7:30  
PICKLEBALL 7:30-9:30 3.5+

**6.** Let's Get Fit 8 - 8:45  
Pilates 9:00 - 9:45  
PICKLEBALL 10:00 - 1:30  
Afterschool Play  
3:30 - 5:30  
POUNDFIT 6 - 6:45  
BEGINNER PICKLEBALL  
7:00 - 9:00

**7.** Restorative Stretch  
8:15 - 9:15  
BARRE 9:30 - 10:15  
POUNDFIT 10:30 - 11:15  
TODDLER TIME 11:15 - 12:15  
PICKLEBALL 12:30 - 3:30  
YMCA Programming 4—5  
Yoga 6:30 - 7:30

**8.** Get Fit 8 - 8:45  
Step Fitness with Jo-Anne  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30  
Afterschool Play 3:30 - 5:30  
  
*Movie Night—Sunset*  
*Harry Potter & the Chamber*  
*of Secrets PG*

**9.** Barre 8:00 - 8:45 am  
ZUMBA 9 - 10 w/ Jenny  
  
PICKLEBALL  
10:00 - 2:00 pm

Open Gym 2:00 - 4:00

**10.**  
9 - 12  
Private Rental  
**Badminton**  
3 - 6:00

**Pickleball**  
6 - 9 3.5+

**11.** Get Fit 8 - 8:45  
**Zumba Gold w/ Jenny**  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30  
Afterschool Play  
3:30 - 5:30  
POUNDFIT 6 - 6:45  
Basketball Open Gym  
7 - 9

**12.** BARRE 8:45 - 9:30  
YOGA 9:45 - 10:45  
PICKLEBALL 11:00 - 2:00  
Qigong & Meditation  
4:00 - 4:45  
BARRE 5:30 - 6:15  
ZUMBA 6:30 - 7:30  
PICKLEBALL 7:30-9:30 3.5+

**13.** Let's Get Fit 8 - 8:45  
Pilates 9:00 - 9:45  
PICKLEBALL 10:00 - 1:30  
Afterschool Play  
3:30 - 5:30  
POUNDFIT 6 - 6:45  
BEGINNER PICKLEBALL  
7:00 - 9:00

**14.** Restorative Stretch  
8:15 - 9:15  
BARRE 9:30 - 10:15  
POUNDFIT 10:30 - 11:15  
TODDLER TIME 11:15 - 12:15  
PICKLEBALL 12:30 - 3:30  
YMCA Programming 4—5  
Yoga 6:30 - 7:30

**15.** Get Fit 8 - 8:45  
Step Fitness with Jo-Anne  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30  
Afterschool Play 3:30 - 5:30  
  
*Movie Night—Sunset*  
*Fantastic Beasts Crimes of*  
*Grindelwald PG13*

**16.** Barre 8:00 - 8:45 am  
ZUMBA 9 - 10 w/ Jenny  
  
Wings Over Water Birding Festival  
10—5 pm, Blaine Middle School

PICKLEBALL  
10:00 - 2:00 pm

Open Gym 2:00 - 4:00

**17.**  
9 - 1  
Private Rental  
**Badminton**  
3 - 6:00

**Pickleball**  
6 - 9 3.5+

**18.** Get Fit 8 - 8:45  
**Zumba Gold w/ Jenny**  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30  
Afterschool Play  
3:30 - 5:30  
POUNDFIT 6 - 6:45  
Basketball Open Gym  
7 - 9

**19.** BARRE 8:45 - 9:30  
YOGA 9:45 - 10:45  
PICKLEBALL 11:00 - 2:00  
Qigong & Meditation  
4:00 - 4:45  
BARRE 5:30 - 6:15  
ZUMBA 6:30 - 7:30  
PICKLEBALL 7:30-9:30 3.5+

**20.** Let's Get Fit 8 - 8:45  
Pilates 9:00 - 9:45  
PICKLEBALL 10:00 - 1:30  
Afterschool Play  
3:30 - 5:30  
POUNDFIT 6 - 6:45  
BEGINNER PICKLEBALL  
7:00 - 9:00

**21.** Restorative Stretch  
8:15 - 9:15  
BARRE 9:30 - 10:15  
POUNDFIT 10:30 - 11:15  
TODDLER TIME 11:15 - 12:15  
PICKLEBALL 12:30 - 3:30  
YMCA Programming 4—5  
Yoga 6:30 - 7:30

**22.** Get Fit 8 - 8:45  
Step Fitness with Jo-Anne  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30  
Afterschool Play 3:30 - 5:30  
  
*Movie Night—Sunset*  
*Spider-Man: Into the Spider*  
*Verse PG*

**23.** Barre 8:00 - 8:45 am  
ZUMBA 9 - 10 w/ Jenny  
  
PICKLEBALL  
10:00 - 2:00 pm

Open Gym 2:00 - 4:00

**24 / 31**  
9 - 12  
Private Rental  
**Badminton**  
3 - 6:00

**Pickleball**  
6 - 9 3.5+

**25.** Get Fit 8 - 8:45  
**Zumba Gold w/ Jenny**  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30  
Afterschool Play  
3:30 - 5:30  
POUNDFIT 6 - 6:45  
Basketball Open Gym  
7 - 9

**26.** BARRE 8:45 - 9:30  
YOGA 9:45 - 10:45  
PICKLEBALL 11:00 - 2:00  
Qigong & Meditation  
4:00 - 4:45  
BARRE 5:30 - 6:15  
ZUMBA 6:30 - 7:30 -  
PICKLEBALL 7:30-9:30 3.5+

**27.** Let's Get Fit 8 - 8:45  
Pilates 9:00 - 9:45  
PICKLEBALL 10:00 - 1:30  
Afterschool Play  
3:30 - 5:30  
POUNDFIT 6 - 6:45  
BEGINNER PICKLEBALL  
7:00 - 9:00

**28.** Restorative Stretch  
8:15 - 9:15  
BARRE 9:30 - 10:15  
POUNDFIT 10:30 - 11:15  
TODDLER TIME 11:15 - 12:15  
PICKLEBALL 12:30 - 3:30  
YMCA Programming 4—5  
Yoga 6:30 - 7:30

**29.** Get Fit 8 - 8:45  
Step Fitness with Jo-Anne  
9:00 - 10:00  
PICKLEBALL 10:00 - 1:30  
Afterschool Play 3:30 - 5:30  
  
*Movie Night: Starts at Sunset*  
*Mary Poppins Returns PG*

**30.** Barre 8:00 - 8:45 am  
ZUMBA 9 - 10 w/ Jenny  
  
PICKLEBALL  
10:00 - 2:00 pm

Open Gym 2:00 - 4:00

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p align="center"><b>Classes at the Blaine Pavilion - 635 8th Street, Blaine, WA</b></p> <p align="center"><b>Sponsored by Blaine-Birch Bay Park and Recreation District</b></p>			<p><b>CPR Training:</b> <i>Monday, March 4 6—9 pm. Register today at <a href="http://bbbparkandrec.org">bbbparkandrec.org</a></i></p>	<p>1. 8:30 - 9:00 Strength Class with Christina</p> <p>ZUMBA 9:00 - 10:00</p>	<p>2.  Tai Chi 8:15—10:15  Yoga 10:30 - 11:30</p>
3.	<p>4. 8:30 - 9:00 Strength Class with Jo-Anne Basic Step Fitness 9:00 - 10:00 <b>NEW!</b> Restorative Stretch 10:15—11:15am with Jenny</p>	<p>5. <b>BALLROOM DANCE (BSC)</b> 7:30 - 8:30</p>	<p>6. 8:30 - 9:00 Strength Class with Christina</p> <p>ZUMBA Circuit 9:00 - 10:00</p>	<p>7.  YOGA for Seniors 10:30 - 11:30</p>	<p>8. 8:30 - 9:00 Strength Class with Christina</p> <p>ZUMBA 9:00 - 10:00</p>	<p>9.  Tai Chi 8:15—10:15  Yoga 10:30 - 11:30</p>
10.	<p>11. 8:30 - 9:00 Strength Class with Jo-Anne Basic Step Fitness 9:00 - 10:00 <b>NEW!</b> Restorative Stretch 10:15—11:15am with Jenny</p>	<p>12. <b>BALLROOM DANCE (BSC)</b> 7:30 - 8:30</p>	<p>13. 8:30 - 9:00 Strength Class with Christina</p> <p>ZUMBA Circuit 9:00 - 10:00</p>	<p>14.  YOGA for Seniors 10:30 - 11:30</p>	<p>15. 8:30 - 9:00 Strength Class with Christina</p> <p>ZUMBA 9:00 - 10:00</p>	<p>16.  Tai Chi 8:15—10:15  Yoga 10:30 - 11:30</p>
17.	<p>18. 8:30 - 9:00 Strength Class with Jo-Anne Basic Step Fitness 9:00 - 10:00 <b>NEW!</b> Restorative Stretch 10:15—11:15am with Jenny</p>	<p>19. <b>BALLROOM DANCE (BSC)</b> 7:30 - 8:30</p>	<p>20. 8:30 - 9:00 Strength Class with Christina</p> <p>ZUMBA Circuit 9:00 - 10:00</p>	<p>21.  YOGA for Seniors 10:30 - 11:30</p>	<p>22. 8:30 - 9:00 Strength Class with Christina</p> <p>ZUMBA 9:00 - 10:00</p>	<p>23.  Tai Chi 8:15—10:15  Yoga 10:30 - 11:30</p>
24./31.	<p>25. 8:30 - 9:00 Strength Class with Jo-Anne Basic Step Fitness 9:00 - 10:00 <b>NEW!</b> Restorative Stretch 10:15—11:15am with Jenny</p>	<p>26. <b>BALLROOM DANCE (BSC)</b> 7:30 - 8:30</p>	<p>27. 8:30 - 9:00 Strength Class with Christina</p> <p>ZUMBA Circuit 9:00 - 10:00</p>	<p>28.  YOGA for Seniors 10:30 - 11:30</p>	<p>29.  Strength Class with Christina</p> <p>ZUMBA 9:00 - 10:00</p>	<p>30.  Tai Chi 8:15—10:15  Yoga 10:30 - 11:30</p>