

Sun Mon Tue Wed Thu Fri Sat



April Fitness Fun for the Whole Family!

for Children & Adults!



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|---|--|--|---|---|---|---|--|
| | <p>1. Get Fit 8 - 8:45 Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:00 - 5:30 (Spring Break) POUNDFIT 6 - 6:45 Basketball Open Gym 7 - 9</p> | <p>2. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 ZUMBA 6:30 - 7:30 PICKLEBALL 7:30-9:30 3.5+</p> | <p>3. Let's Get Fit 8 - 8:45 NO Pilates PICKLEBALL 10:00 - 1:30 Afterschool Play 2:00 - 5:30 (Spring Break) POUNDFIT 6 - 6:45 BEGINNER PICKLEBALL Drills Clinic 7:00 - 9:00</p> | <p>4. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30</p> | <p>5. Get Fit 8—8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 2:00 - 5:30 (Spring Break) Open Gym 5:30—7:00 Movie Night: Sunset Bumblebee</p> | <p>6. Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00</p> | |
| <p>7. 9—12 Private Rental Badminton 3 - 6:00 Pickleball 6 - 9 3.5+</p> | <p>8. Get Fit 8 - 8:45 Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7 - 9</p> | <p>9. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 ZUMBA 6:30 - 7:30 PICKLEBALL DRILLS 7:30-9:30 3.5+</p> | <p>10. Let's Get Fit 8 - 8:45 Pilates 9:00 - 9:45 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 POUNDFIT 6 - 6:45 BEGINNER PICKLEBALL Drills Clinic 7:00 - 9:00</p> | <p>11. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30</p> | <p>12. Get Fit 8—8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 Open Gym 5:30—7:00 <i>Movie Night—Sunset Willow PG</i></p> | <p>13. Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00</p> | |
| <p>14. 9—12 Private Rental Badminton 3 - 6:00 Pickleball 6 - 9 3.5+</p> | <p>15. Get Fit 8 - 8:45 Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7 - 9</p> | <p>16. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 ZUMBA 6:30 - 7:30 PICKLEBALL DRILLS 7:30-9:30 3.5+</p> | <p>17. Let's Get Fit 8 - 8:45 Pilates 9:00 - 9:45 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 POUNDFIT 6 - 6:45 BEGINNER PICKLEBALL Drills Clinic 7:00 - 9:00</p> | <p>18. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30</p> | <p>19. Get Fit 8—8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 Open Gym 5:30—7:00 <i>Movie Night—Sunset Sahara PG13</i></p> | <p>20. Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00</p> | |
| <p>21. 9—1 Private Rental Badminton 3- 6:00 Pickleball 6 - 9 3.5+</p> | <p>22. Get Fit 8 - 8:45 Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7 - 9</p> | <p>23. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 ZUMBA 6:30 - 7:30 PICKLEBALL 7:30-9:30 3.5+</p> | <p>24. Let's Get Fit 8 - 8:45 Pilates 9:00 - 9:45 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 POUNDFIT 6 - 6:45 BEGINNER PICKLEBALL Drills Clinic 7:00 - 9:00</p> | <p>25. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30</p> | <p>26. Get Fit 8—8:45 Step Fitness with Jo-Anne 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 Open Gym 5:30—7:00 <i>Movie Night—Sunset The Three Musketeers (2011) PG13</i></p> | <p>27. Barre 8:00 - 8:45 am Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00</p> | |
| <p>28 9—12 Private Rental Badminton 3 - 6:00 Pickleball 6 - 9 3.5+</p> | <p>29. Get Fit 8 - 8:45 Zumba w/ Allie 9:00 -10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:30 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7 - 9</p> | <p>30. BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 ZUMBA 6:30 - 7:30 PICKLEBALL 7:30-9:30 3.5+</p> | <p>Coming in April Baby Sitting Basics Saturday, April 13, 2019 9:30 am—4:30 pm \$40 per person. Visit www.bbbparkandrec.org to register</p> | | | <p>NEW! BBBPRD2 APP for your smartphone! Look for us on the Apple Store or Google Play Store! Search for BBBPRD2 Stay Informed of the latest news!</p> | |

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------|------------|---|--------------------------------------|--|------------------------------|---|
| | 1. | 2. | 3. | 4. | 5. ZUMBA 9:00 - 10:00 | 6. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30 |
| 7. | 8. | 9. BALLROOM DANCE (BSC) 7:30 - 8:30 | 10. ZUMBA Circuit 9:00 - 10:00 | 11. YOGA for Seniors 10:30 - 11:30 | 12. ZUMBA 9:00 - 10:00 | 13. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30 |
| 14. | 15. | 16. BALLROOM DANCE (BSC) 7:30 - 8:30 | 17. ZUMBA Circuit 9:00 - 10:00 | 18. YOGA for Seniors 10:30 - 11:30 | 19. ZUMBA 9:00 - 10:00 | 20. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30 |
| 21. | 22. | 23. BALLROOM DANCE (BSC) 7:30 - 8:30 | 24. ZUMBA Circuit 9:00 - 10:00 | 25. YOGA for Seniors 10:30 - 11:30 | 26. ZUMBA 9:00 - 10:00 | 27. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30 |
| 28. | 29. | 30. BALLROOM DANCE (BSC) 7:30 - 8:30 | | | | |