

Sun Mon Tue Wed Thu Fri Sat

February Fitness Fun for the Whole Family! for Children & Adults!



1. Zumba 9:00 -10:00
PICKLEBALL
10:00 - 2:00 pm
Open Gym 2:00 - 4:00

<p>2. <i>Badminton</i> 3 - 6:00</p>	<p>3. Get Fit 8 - 8:45 Zumba 9:00 -10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7:00 - 9:00</p>	<p>4. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30</p>	<p>5. Get Fit 8 - 8:45 Core Stretch 8:45 - 9:15 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 BEGINNER PICKLEBALL Clinic 7:00 - 8:00 Beginner Play 8:00 - 9:00</p>	<p>6. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30</p>	<p>7. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 <i>Movie Night 6pm: Playing With Fire PG & The Game Plan PG</i></p>	<p>8. Zumba 9:00 -10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00</p>
<p>9. <i>Badminton</i> 3 - 6:00 <i>Pickleball</i> 6 - 9</p>	<p>10. Get Fit 8 - 8:45 Zumba 9:00 -10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7:00 - 9:00</p>	<p>11. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30</p>	<p>12. Let's Get Fit 8 - 8:45 Core Stretch 8:45 - 9:15 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 BEGINNER PICKLEBALL Clinic 7:00 - 8:00 Beginner Play 8:00 - 9:00</p>	<p>13. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30</p>	<p>14. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 1:30 - 5:30 <i>Movie Night 6pm: Maleficent Mistress of Evil PG & Romeo & Juliet PG-13</i></p>	<p>15. Zumba 9:00 -10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00</p>
<p>16. <i>Badminton</i> 3 - 6:00 <i>Pickleball</i> 6 - 9</p>	<p>17. Get Fit 8 - 8:45 Zumba 9:00 -10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 1:30 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7:00 - 9:00</p>	<p>18. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30</p>	<p>19. Get Fit 8 - 8:45 Core Stretch 8:45 - 9:15 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 BEGINNER PICKLEBALL Clinic 7:00 - 8:00 Beginner Play 8:00 - 9:00</p>	<p>20. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30</p>	<p>21. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 <i>Movie Night 6pm: Dark Crystal PG & Labyrinth PG</i></p>	<p>22. Zumba 9:00 -10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00</p>
<p>23. <i>Badminton</i> 3 - 6:00 <i>Pickleball</i> 6 - 9</p>	<p>24. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7:00 - 9:00</p>	<p>25. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30</p>	<p>26. Get Fit 8 - 8:45 Core Stretch 8:45 - 9:15 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 BEGINNER PICKLEBALL Clinic 7:00 - 8:00 Beginner Play 8:00 - 9:00</p>	<p>27. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30</p>	<p>28. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 <i>Movie Night 6pm: Frozen 1 PG and Frozen 2 PG</i></p>	<p>29. Zumba 9:00 - 10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Classes at the Blaine Pavilion - 635 8th Street, Blaine, WA Sponsored by Blaine-Birch Bay Park and Recreation District					1. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30
2.	3.	4. BALLROOM DANCE (BSC) 7:30 - 8:30	5. <i>ZUMBA Circuit</i> 9:00 - 10:00	6. YOGA for Seniors 10:30 - 11:30	7.	8. Tai Chi 8:15 - 10:15 Yoga 10:30 - 11:30
9.	10.	11. BALLROOM DANCE (BSC) 7:30 - 8:30	12. <i>ZUMBA Circuit</i> 9:00 - 10:00	13. YOGA for Seniors 10:30 - 11:30	14.	15. Tai Chi 8:15 - 10:15 Yoga 10:30 - 11:30
16.	17.	18. BALLROOM DANCE (BSC) 7:30 - 8:30	19. <i>ZUMBA Circuit</i> 9:00 - 10:00	20. YOGA for Seniors 10:30 - 11:30	21.	22. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30
23.	24.	25. BALLROOM DANCE (BSC) 7:30 - 8:30	26. <i>ZUMBA Circuit</i> 9:00 - 10:00	27. YOGA for Seniors 10:30 - 11:30	28.	29. Tai Chi 8:15 - 10:15 Yoga 10:30 - 11:30