




Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<h1>March Fitness Fun for the Whole Family!</h1> <h2>for Children & Adults!</h2>				
1. Badminton 3 - 6:00 Pickleball 6 - 9	2. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10 - 1:15 Afterschool Play 1:15 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7pm to 9pm	3. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 Yoga 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30	4. Get Fit 8 - 8:45 Core Stretch 8:45 - 9:15 PICKLEBALL 10:00 - 1:15 Afterschool Play 1:15- 5:30 POUNDFit 6 - 6:45 BEGINNER PICKLEBALL Clinic 7:00 - 8:00 Beginner Play 8:00 - 9:00	5. Restorative Stretch 8:15 - 9:15 Barre 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 Afterschool Bowling Field Trip 12:50 - 3:30 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30	6. Get Fit 8 - 8:45 ZUMBA 9:00 - 10:00 PICKLEBALL 10 - 1:15 Afterschool Play 1:15 - 5:30 Movie Night 6:15pm: Zootopia PG & Over The Hedge PG	7. Zumba 9:00 -10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00
8. Badminton 3 - 6:00 Pickleball 6 - 9	9. Get Fit 8 - 8:45 Zumba 9:00 -10:00 PICKLEBALL 10 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7:00 - 9:00	10. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30	11. Get Fit 8 - 8:45 Core Stretch 8:45 - 9:15 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFit 6 - 6:45 BEGINNER PICKLEBALL Clinic 7:00 - 8:00 Beginner Play 8:00 - 9:00	12. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30	13. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10- 1:30 Afterschool Play 3:15 - 5:30 Open Gym 5:30 - 7:00 Movie Night 7:30: Transformers Dark of the Moon PG-13	14. Zumba 9:00 - 10:00 PICKLEBALL 10:00 - 2:00PM Open Gym 2:00 - 4:00
15. Badminton 3 - 6:00 Pickleball 6 - 9	16. Get Fit 8 - 8:45 Zumba 9:00 -10:00 PICKLEBALL 10 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7:00 - 9:00	17. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30	18. Get Fit 8 - 8:45 Core Stretch 8:45 - 9:15 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15- 5:30 POUNDFIT 6 - 6:45 BEGINNER Pickleball Clinic 7:00 - 8:00 Beginner Play 8:00 - 9:00	19. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFIT 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30	20. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10 - 1:30 Afterschool Play 3:15 - 5:30 Open Gym 5:30 - 7:00 Movie Night: 7:35pm Jumanji The Next Level PG-13	21. Zumba 9:00 -10:00 PICKLEBALL 10:00 - 2:00pm Open Gym 2:00 - 4:00 Wings Over Water Middle School Cafeteria 10am - 3pm
22. Badminton 3- 6:00 Pickleball 6 - 9	23. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7:00 - 9:00	24. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30	25. Get Fit 8 - 8:45 Core Stretch 8:45 - 9:15 PICKLEBALL 10:00 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFit 6 - 6:45 BEGINNER PICKLEBALL Clinic 7:00 - 8:00 Beginner Play 8:00 - 9:00	26. Restorative Stretch 8:15 - 9:15 BARRE 9:30 - 10:15 POUNDFit 10:30 - 11:15 TODDLER TIME 11:15 - 12:15 PICKLEBALL 12:30 - 3:30 Yoga 6:30 - 7:30	27. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10 -1:30 Afterschool Play 3:15 - 5:30 No Open Gym No Movie	28. Zumba 9:00 - 10:00 PICKLEBALL 10:00 - 2:00 pm Open Gym 2:00 - 4:00
29. Badminton 3 - 6:00 Pickleball 6 - 9	30. Get Fit 8 - 8:45 Zumba 9:00 - 10:00 PICKLEBALL 10 - 1:30 Afterschool Play 3:15 - 5:30 POUNDFIT 6 - 6:45 Basketball Open Gym 7:00 - 9:00	31. Express Pilates 8 - 8:30 BARRE 8:45 - 9:30 YOGA 9:45 - 10:45 PICKLEBALL 11:00 - 2:00 Qigong & Meditation 4:00 - 4:45 H.I.I.T. 5:30 - 6:15 ZUMBA 6:30 - 7:30				Follow us on Facebook and Instagram!

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1.	2.	3. BALLROOM DANCE (BSC) 7:30 - 8:30	4. ZUMBA Circuit 9:00 - 10:00	5. <i>YOGA for Seniors</i> 10:30 - 11:30	6.	7. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30	
8.	9.	10. BALLROOM DANCE (BSC) 7:30 - 8:30	11. ZUMBA Circuit 9:00 - 10:00	12. <i>YOGA for Seniors</i> 10:30 - 11:30	13.	14. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30	
15.	16.	17. BALLROOM DANCE (BSC) 7:30 - 8:30	18. ZUMBA Circuit 9:00 - 10:00	19. <i>YOGA for Seniors</i> 10:30 - 11:30	20.	21. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30	
22.	23.	24. BALLROOM DANCE (BSC) 7:30 - 8:30	25. ZUMBA Circuit 9:00 - 10:00	26. <i>YOGA for Seniors</i> 10:30 - 11:30	27.	28. Tai Chi 8:15—10:15 Yoga 10:30 - 11:30	
29.	30.	31. BALLROOM DANCE (BSC) 7:30 - 8:30	  	<p align="center">Classes at the Blaine Pavilion - 635 8th Street, Blaine, WA</p> <p align="center">Sponsored by Blaine-Birch Bay Park and Recreation District</p>			